

Labiaplasty/ intimate surgery

Before the Intervention:

- If you are having a full anaesthetic, do not eat, drink or smoke after midnight
- Taking aspirin (or any other medicinal product containing acetylsalicylic acid) is also forbidden for ten days before the intervention;
- On the day of the operation, you are advised not to wear any make-up, nor any nail varnish.
- On the day of the operation, you are advised not to wear contact lenses.
- On the day of the operation, you are advised not to wear any jewellery or Piercings.
- On the day of the operation, you are advised to wear loose-fitting and comfortable clothes.
- In the morning before the intervention, the body must be washed with a disinfectant soap of the Hibiscrub, Uni-Cura or Betadermyl variety (available from chemists).

After the Intervention:

- Driving is forbidden for 24 hours after the operation.
- Sexual intercourse during the month after the operation is not recommended.
- A gnawing pain can be felt and an oedema can appear, both of which quickly decrease. You are advised to wear cotton underwear during the first week after the intervention, and to be sure to dry the area concerned with the greatest care.
- You are advised to take Dafalgan (Paracetamol) at a rate of 1gr four times a day, alternatively with Ibuprofen 600mg, three times a day and, possibly, Oxynorm , twice a day. This latter medication should be discontinued in the event of nausea.
- Antibiotics will be prescribed for you and must be taken 2 times a day until the box is empty.
- You are advised to pay special attention to the hygiene of the area concerned during the weeks after the intervention. Rinse with water after every toilet visit.
A quick shower is allowed after 2 days, no bath for one month.
- An oedema will appear after the operation, but it will disappear of its own accord.
- The stitches will be dissolvable.
- It is recommended that you do not carry any heavy objects or practise any sport for four weeks after the intervention.

Eight weeks after the intervention, a check-up at Beclinic is advised.